

The Annual

NSU SHARK SHUFFLE

5K Run/Walk



Sunday, October 11, 2015

Raising Dollars for Active Scholars

7:30 a.m. 5K Run/Fitness Walk

8:45 a.m. Awards Ceremony

For information and to register, visit
www.rec.nova.edu or call (954) 262-7301.

Register early to secure your t-shirt!



Students are eligible to win a
\$500 cash prize
just for finishing.



Place

Head to the Alvin Sherman Library on the NSU main campus; the start line will be directly across from the library.

Directions

Take the Turnpike or I-95 to I-595. Head west on I-595 to University Drive. Head south on University Drive to SW 30th Street and turn left. Go past the Dolphins' training camp to Ray Ferrero, Jr. Boulevard. Turn right and park in the garage on your right (\$1 per hour). You will be able to exit the garage after 8:15 a.m.

Date and Time

The race and walk are both on October 11, 2015, beginning at 7:30 a.m., with the awards ceremony following at 8:45 a.m.

Course

The 5K Run (3.1 miles) is a USATF-Certified Course.
Certification #FL14082EBM

Entry Fees

NSU or USchool students/employees/alumni/family: \$12
Community early registration: \$20; community on-site registration: \$25

Packet Pickup

Come to the front desk of the RecPlex in the Don Taft University Center on October 8th and 9th from 8:00 a.m. to 8:00 p.m.

Online Registration

Preregister online at www.rec.nova.edu/sharkshuffle.html or at www.active.com until 2:00 p.m. October 10.

On-site Registration

Register on-site on race day from 6:00-7:15 a.m. inside the Alvin Sherman Library.

Restrictions

Headphones, earbuds, bicycles, skateboards, scooters, inline skates, and roller skates are not permitted on the 5k Run/Walk race course.

Additional Information

Visit www.rec.nova.edu/sharkshuffle.html or call (954) 262-7301.